

Join the Global Wave of Healing Energy!

WORLD TAI CHI & QIGONG DAY

Be part of this free family event!

Come "play" and learn how Tai Chi and Qigong can boost your energy, improve your balance and help you reduce and manage stress. Program will feature demonstrations, audience participation and a special segment for kids.

Join us in Akron's observance of this annual event to promote health and healing in individuals, communities and nations.

Together we can make a difference.

Bring a lawn chair. Gather in the garden.
In case of rain, meet in the lobby.


**Saturday, April 27
9:30-11:30 a.m.**

**Akron Art Museum
One South High Street**

**with NG Energy's Nancy Gardner,
Certified Tai Chi and Qigong Instructor**



AkronArtMuseum.org

More information: nancyg@ngenergy.us
330-945-5533 | www.ngenergy.us 

Classes available in Akron, Fairlawn and Green
Senior-specific classes available at Rockynol

